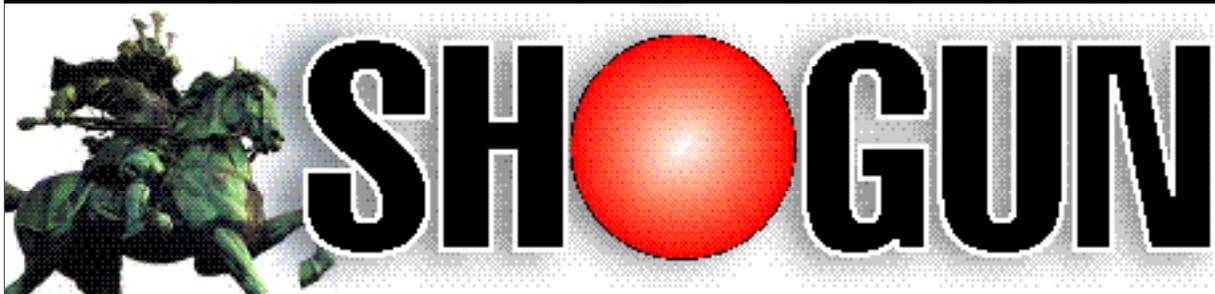


MONTHLY SORTIE GOALS

961st Airborne Air Control Squadron	
Monthly flying-hour contract	130.0
Hours flown	138.0
Monthly offset	8.0
33rd Rescue Squadron	
Monthly flying-hour contract	16.0
Hours flown	0
Monthly offset	-16.0
909th Air Refueling Squadron	
Monthly flying-hour contract	550.0
Hours flown	565.4
Monthly offset	15.4
44th Fighter Squadron	
Monthly sortie contract	458
Sorties flown	499
Monthly offset	41
67th Fighter Squadron	
Monthly sortie contract	488
Sorties flown	501
Monthly offset	13

Source: 18th MOS/MXOOP, as of April 1

THE KADENA



Vol. 18, No. 13

Kadena Air Base, Japan

Friday, April 2, 2004

WEEKEND WEATHER



TODAY: Mostly cloudy with rain showers
WNW winds @ 12-22 knots
High: 72 Low: 66



SATURDAY: Mostly cloudy
NNE-NE winds @ 10-15 knots
High: 73 Low: 64



SUNDAY: Mostly cloudy with rain showers
WNW winds @ 12-22 knots
High: 73 Low: 66

FRIDAY MORNING'S COMMUNITYBANK EXCHANGERATES
BUYING: \$1=Y103 SELLING: Y108=\$1

Kadena keeps water pressure low as Okinawa shuts off water ration plan

By Master Sgt. Brad Carder
18th Wing Public Affairs

Kadena Air Base officials announced Tuesday that the base will continue the current water restriction measures it has implemented.

On Monday, Okinawan officials put on hold a plan that would have cut off water to approximately 415,000 households or nearly 1.19 million people in Okinawa homes, including U.S. military installations, from 10 p.m. to 6 a.m. daily.

Rain fell on the island over the weekend and helped boost levels in the island's water reservoirs.

To conserve water, Kadena Air Base has lowered its water pressure on Monday, restricted lawn watering and car washing in February, and closed Army and Air Force Exchange Service commercial car washing facilities five days per week in March.

Government vehicles are now only washed once a month.

"The 18th Wing is dedicated to conserving water and is continuously looking at ideas that will further reduce water consumption."

Col. Steven Lillemon
18th Civil Engineer Group commander

Since January, the Air Force has taken measures to help save water to assist the local government in avoiding a water shortage crisis in Okinawa.

"The 18th Wing is dedicated to conserving water and is continuously looking at ideas that will further reduce water consumption," said Col. Steven Lillemon, 18th Civil Engineer Group commander, said.

"We are working with Okinawan officials to support

efforts they and the citizens of Okinawa are taking to conserve water."

Colonel Lillemon said Kadena Air Base officials are committed to helping Okinawa conserve water.

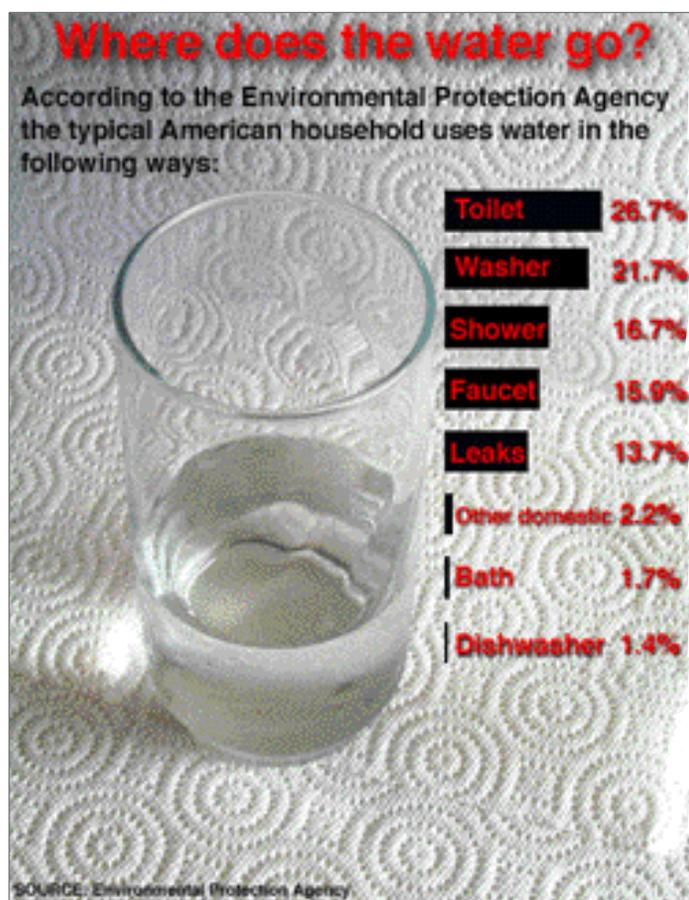
"We have our engineers looking at all angles of our water usage to identify areas we can reduce consumption," he said.

"The U.S. military is committed to taking care of the environment. Conserving our natural resources, such as water, is one of the many ways we can do that," the colonel said.

Water pressure in Kadena homes and work places as well as Chibana and O'Donnell Gardens will remain at the lower setting until further notice.

In 1994, Okinawa shut off water nightly from Jan. 28 to March 1.

The island's water supply was also turned off in 1989 for 24 hours every other day for 52 days according to published reports.



Air Force/ Master Sgt. Adam Johnston

AF stops, changes many bonus pays

WASHINGTON — Bluesuiters will see significant changes in the newly released reenlistment bonus list resulting from solid retention rates, Pentagon officials said.

"The SRB program is a retention tool the Air Force uses as an incentive to help keep the right people in the right jobs to accomplish our mission," said Senior Master Sgt. Maria Cornelia, chief of retention and bonus programs at Air Force headquarters.

"During this period of improved retention, it is prudent to make adjustments," she said.

The criteria used for determining which enlisted skills will receive a bonus include current and projected manning levels, reenlistment trends, career-field force structure changes and inputs from individual career-field

managers. Bonuses are authorized in 0.5 increments, or multiples, and in three reenlistment zones for people with between 17 months and 14 years of service.

Zone A, which applies to Airmen reenlisting between 17 months and six years of service, incurred nine increases, 19 reductions and 86 removals. Zone B, which applies to Airmen reenlisting between six and 10 years of service, had eight increases, 18 reductions and 80 removals.

Zone C, which applies to Airmen reenlisting between 10 and 14 years of service, saw one increase, four decreases and 32 removals.

Additions and multiple increases are effective March 30. The SRB multiple decreases and deletions are effective April 30.

Airman hone naval skills with Japanese



Air Force/ Airman 1st Class Michael Pallazola

Air Force Tech. Sgt. Harold Wilson, (center) coach of the Air Force men's dragon boat team rallies Airmen during a practice session March 25 at the Japan Air Self Defense Force swimming pool in Naha as Japanese Master Sgt. Motoji Watanabe, demonstrates forms for paddling a dragon boat. The Air Force will field a women's and men's team at this year's Dragon Boat Races in Naha in May. The Air Force teams will compete against other military teams on Okinawa in the annual race. For more photos on the practice, see pages 6 and 7.



Airman with a capital 'A'

By General John P. Jumper
Chief of Staff

I am an Airman.
Note that is with a capital "A." It is just one letter at the beginning of the word, but it signifies a great deal.

The reason it is capitalized is simple: Airmen in the United States Air Force are the heart and soul of our unique fighting force, and should be identified by a proper noun.

As young children, when we began to read, we learned a capital letter at the front of a word signified something special or important, like our own name, our hometown, and our country.

This was reinforced throughout our education and professional life.

When we see a capital letter, our minds automatically emphasize that word, and we bestow an increased importance on that person, place, or thing.

Capitalizing the word "Airman" recognizes their historic achievements and signifies our unique contributions to fighting and winning America's wars. It shows we have earned the respect a proper name imparts.

It is time to formally add our profession to that list of important and special nouns.

You may have seen or heard something about my guidance to capitalize the word "Airman."

It is appropriate to do so, in recognition of our rich history, and to emphasize our unparalleled role in the defense of America.

Our Air Force is the finest air and

space force in the world because of the generations of professional Airmen who have devoted their lives to dominating the skies. Capitalizing the word "Airman" recognizes their historic achievements and signifies our unique contributions to fighting and winning America's wars.

It shows we have earned the respect a proper name imparts.

For 38 years of my life, I have been proud to wear the uniform of the United States Air Force.

And, whether you have worn it as long as I have or have just recently joined our team, I know we all feel the same sense of pride.

Regardless of the uniform we wear, the specialty we hold, the badge over our pocket, and whether we are active duty, Guard, Reserve, or civilian, first and foremost, we are Airmen.

We are one Air Force and we are Airmen.

Leadership requires balancing necessities versus niceties

By Col. Richard L. Paschedag
18th Dental Squadron

As a leader in your work center, whether it is an element, flight or squadron, you no doubt realize that there are limitations on the decisions you make, driven by limited resources to accomplish seemingly unlimited demands.

As a leader and manager, to accomplish the mission and still care for people, you must prioritize where the resources will be used; what will be funded and what will go unfunded, the "must have" from the "nice to have."

In simple terms, it is a balance between supply and demand.

As the 18th Dental Squadron Commander, I attend many meetings where I must prioritize resources to accomplish the mission.

Many times I have to say no to the patients I am here to serve when it comes to care, because of limitations.

When it comes to clinical decisions involving dental care, often the distinction runs between clinically required treatment and the resources to accom-

As a leader and manager, to accomplish the mission and still care for people, you must prioritize where the resources will be used; what will be funded and what will go unfunded, the "must have" from the "nice to have."

plish it versus all the elective care our patients would enjoy.

For example, I'd love to provide orthodontic care for every child and adult who wanted it, but financial and staffing resources limit me to those who are medically required.

In the CONUS, personnel become accustomed to exams and cleanings twice per year, but OCONUS resources limit me to once per year per beneficiary. An increasingly popular procedure in the states is to whiten the teeth for a more "perfect" smile.

Once again, limitations present me from bleaching teeth except in those cases where it is medically appropriate.

Although I would like to be able to give each of our patients what they want when they want it, I am faced

with limitations.

If you and I were to discuss your work center and the products or services you provide, no doubt you would be able to describe similar resource prioritization decisions you must make.

So, as leaders what can we do to ensure mission accomplishment and still care for our people?

The answer lies in being wise stewards of the resources entrusted to us and learning to judiciously align their use with mission accomplishment, while meeting the needs and desires of the greatest number of people as often as possible.

Therein lies the secret to balancing supply and demand, and managing limitations.

Colonel Paschedag is the commander of the 18th Dental Squadron.

ACTION LINES

E-mail:

18wg.cchotline@kadena.af.mil



Brig. Gen. Jeffrey Remington
18th Wing commander

The 18th Wing is very interested in ideas that can make Kadena an even better place to live, work and play.

If you have a concern that you have been unable to resolve through normal chains of command, then we'll look into it.

Although not required, it's better to give commanders, first sergeants or the agencies with which you have the concern the opportunity to correct the situation first. When that fails, send us an e-mail. Include your name and telephone number so someone can get back to you, and a brief summary of your concern.

PHONE NUMBERS

AAFES Action Line.....	645-4301
Base Exchange.....	633-4570
Clubs.....	634-3002
Commissary.....	634-3640
Finance.....	634-1996
Fraud, Waste & Abuse Hotline.....	634-0404
Home Telephone Helpline.....	634-4080
Housing Maintenance.....	634-HOME
Kadena Services.....	634-1719
Medical and Dental.....	630-4785
Safety.....	634-SAFE
Security Forces.....	634-1397



18th Wing Commander.....Brig. Gen. Jeffrey Remington
Public Affairs Chief.....Lt. Col. Kevin Krejcarek
Deputy Public Affairs Chief.....Capt. CK Keegan
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Published by Print 21, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 18th Mission Support Group. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services overseas.

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All copy and other printed material is handled by 18th Wing Public Affairs, Building 128, Kadena Air Base, Japan. The mailing address is 18WG/PAI, Unit 5141 Box 30, APO AP 96368-5141. Phone DSN 634-3457/5665. Fax 634-2344.

The submission deadline for information to be printed in The Kadena Shogun is 4:30 p.m. on Fridays, seven days before the desired print date.

For editorial submissions, send E-mail to kadenashogun.newspaper@kadena.af.mil

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SHOGUN WARRIOR OF THE WEEK



Tech. Sgt. Robert Stewart

18th Logistics Readiness Squadron, NCO in charge of material handling equipment

Hometown: Anson, Maine

Reason for nomination: Led a team of five airmen and six civilians to accomplish 1,436 repairs on 232 pieces of material handling equipment and vehicles which enabled more than 3,300 tons of cargo to be transported.

Time at Kadena: 1 year and six months

Time in the Air Force: 9 years and 10 months

Editor's note : *Shogun Warriors* are selected by unit leaders for their outstanding value to their unit and dedication to the Kadena mission. To nominate someone, send the name of your nominee to your unit commander or senior enlisted leaders.

Operation Giving II



Air Force/ Airman 1st Class Michael Pallazola

Janette Daley stands outside of her home in base housing in front of more than 45 boxes of toiletry items she and members of the 18th Operations Group collected for an Okinawan single mothers home in a quarterly project called Operation Giving. The supplies were delivered to the home on March 20. Mrs. Daley started Operation Giving last December as she organized toy donations for Taichuen, a local foster home, and had the supplies delivered Dec. 20 for 73 children in time for Christmas. Mrs. Daley and volunteers within the 18th Operations Group are gearing up for "Operation Giving III" in June.

MONEY MATTERS: Base officials recommend current customers of Americable to stop allotments to the company to prevent future pay problems. Allotments for the new company will be available once it has the capability. Customers who wish to cancel an allotment must visit the 18th Comptroller Squadron and pickup the required paperwork.

HOME BUSINESSES: The family support center is looking to hear from home businesses to be part of a new yellow

pages project. To be included in the publication, e-mail oehring@kda.attmil.ne.jp.

SUMMER HIRE PROGRAM: The civilian personnel flight is now accepting applications for Kadena's Summer Hire Program at Bldg. 721. Applications will be accepted from 8 a.m. to 4 p.m. Tuesday through Thursday. SOFA-sponsored family members of DoD military and civilian employees who are 14 to 22 years old are eligible to apply. Employment will begin July 6 and end Aug.

20. Sponsors may apply on behalf of their family members who are not currently on island. Applicants' passports and Social Security cards will be required for verification. For more information, call 632-7914.

SPRING BREAKTRIP: There will be a spring break trip to Tokashiki Island Monday through April 10 sponsored by the Kadena Chapel & Malach Ministries. The cost is \$295 per person and is open to SOFA-sponsored high school students. For more information, visit www.shorebreak04.com or call 634-9600.

CCAF DEADLINE: Graduates of the October 2003 and April 2004 Community College of the Air Force attending the May 14 CCAF graduation should RSVP by April 14 by calling 634-1500.

BAZAAR: Kadena High School will host a bazaar inside the gym from 9 a.m. to 5 p.m. Saturday and noon to 5 p.m. Sunday. Proceeds will benefit the graduating senior class.

PICNIC: A volunteer recognition picnic will be held from 3:30 to 6:30 p.m. at Marek Park on April 30. All volunteers and families are welcome to attend say organizers.

MEN WHO COOK: If you are a man who enjoys cooking register by April 12 for Alpha Kappa Alpha Sorotie's annual "Men Who Cook" fund raiser. The cooking event will be May 1.

Child care changes

Kadena officials say the base has been selected to participate in the second phase of a pilot program to subsidize child care costs for some Airmen. "This is an exciting program under which the Air force will subsidize the cost of child care in family day care homes, so that it will cost the parents no more than the fees charged in the (base's) child development centers," said Kathy Hartwell, family members program flight chief at Kadena.

"The program targets specific groups for whom waiting lists already exist—infants and toddlers, children with special needs, parents who work swing and midnight shifts, and school age children during summer vacations," she said. "This program will now make it financially equitable for families to choose to utilize family child care providers," Ms. Hartwell said.

Currently eight homes have elected to participate in the program but services officials anticipate that all 32 providers will take advantage of the possible subsidies. For more information on the program and to find out who is eligible to participate, contact family child care at 634-3464.

CHANGE OF COMMAND: Maj. Jessica Baker will assume command of the 623rd Air Control Flight from Maj. Thomas W. Coppersmith at 4:23 p.m. May 6 at the Banyan Tree Club.



Air Force/ Chiaki Iramina

A rescue team responds to a possibly contaminated scene during joint training with Japanese Fire Fighters from Torii Station and Nirai Fire Department at Kadena March 19. The training was part of a familiarization training for local Japanese firefighters.



Air Force/ Chiaki Iramina

Section Manager Akinori Chibana (left), Tomio Yogi, and Hiroshi Tsukayama, firefighters from Nirai check for damage during the joint training.

Base, local firefighters practice incident skills

By 2nd Lt. Tim Lundberg and Sayaka Higa
18th Wing Public Affairs

Kadena Air Base firefighters held a joint training session with Nirai and Torii Station firefighters March 16-19. Officials say Nirai fire station had requested the training to become more proficient with Level A environmental protection suits and the handling of hazardous materials.

"Joint training is very important for off base people as they aren't aware of the hazards," said Yasunori Uezu, Kadena's assistant fire chief. "We are hoping to train their firefighters in becoming more

proficient in this area."

The training featured several days of classroom work that culminated in a simulated hazardous material accident at Kadena's fire training area.

Fourteen Nirai firefighters arrived at the "accident" scene, assessed the situation, then donned their suits to evacuate two people from a fake but "potential" hazardous material spill.

"The U.S. military's equipment, facilities and experience is much greater than ours, we always need to be prepared to improve our skills," said Nirai Assistant Fire Chief Hiroshi Tsukayama.



Air Force/ Chiaki Iramina

Masanori Okuda (right) and Reiki Hokama, check a victim's vital functions during the training exercise.



Air Force/ Chiaki Iramina

Hiroto Tamaki and Yoshito Chibana, of the Nirai Fire Department carry a person who fell on the ground to a neutralization point during the joint training at Kadena.

Joint Strike Fighter under attack on Hill

By Master Sgt. Scott Elliott
Air Force Print News

WASHINGTON — A senior Air Force official tells lawmakers that the service would not be interested in the F-35 Joint Strike Fighter if a technical glitch could not be overcome or if program funds were cut off.

Lt. Gen. Ronald E. Keys, deputy chief of staff for air and space operations, bluntly told members of the House Armed Services Committee subcommittee on tactical air and land forces, "If we can't build it, we're not going to buy it."

The general's comment came in response to subcommittee chairman Rep. Curt Weldon's question about Secretary of the Air Force Dr. James G. Roche's testimony March 24 before the Senate Committee on Appropriations subcommittee on defense.

In referring to chronic weight problems with the short takeoff and vertical landing version of the JSF, the secretary said, "... (R)isk reduction on the STOVL becomes one of the paramount things to do ... because if we cannot build the STOVL aircraft, then we really cannot proceed with the F-35 program."

Being overweight is especially troublesome for the close-air support variant of the F-35, because its primary feature is the short takeoff and vertical landing capability. The STOVL JSF uses a shaft-driven lift fan propulsion system that allows the aircraft to hover and land like a helicopter.

Lockheed Martin originally



Lt. Gen. Ronald E. Keys answers questions about the state of the F/A-22 and Joint Strike Fighter programs during a hearing of the House Armed Services Committee subcommittee on tactical air and land forces March 25. He is the deputy chief of staff for air and space operations.

contracted with the U.S. Marine Corps to build the STOVL variant of the F-35 to replace the AV-8B Harrier. The Air Force will take over the program in June, as part of the service's commitment to improving close-air support, officials said.

"If it doesn't meet specifications, I don't think my Marine colleagues would be interested in an airplane that wouldn't meet their qualifications," General Keys said.

While Secretary Roche did acknowledge concern over the JSF's weight problem, he also said the problem was to be expected - it is in only the sec-

ond year of an 11-year development program.

John J. Young Jr., assistant secretary of the Navy for research, development and acquisition, agreed.

"There is nothing we see that says the JSF will not work," he said. "The JSF enables concepts of operations that none of today's legacy aircraft can accomplish."

The JSF is expected to fly and fight into the 2040 to 2050 timeframe. Mr. Young said that without the JSF, the services would be forced to fly 1980s-era technology for another 50 years.

Even if the JSF can beat

Air Force/ Master Sgt. Jim Varhegyi

the weight problem, Representative Weldon said the plane might not be out of danger. Extreme competition for defense budget dollars may force Congress to ask the service to choose between the JSF and the F/A-22 Raptor.

Several Raptors have already been delivered to the Air Force and are undergoing rigorous flight and system tests.

In one recent test, four Raptors engaged eight F-15 Eagles in simulated combat.

General Keys said the Raptors cleared the sky of F-15s before many of the Eagles could even get off a shot.

Airmen deploy to Africa

By 1st Lt. Phillip Ulmer
435th Air Base Wing
Public Affairs

TIMBUKTU, Mali — Airmen from bases throughout Europe are supporting special operations forces along the fringes of the Sahara Desert in the continuing war on terrorism. Currently, Soldiers assigned to the 1st Battalion, 10th Special Forces Group (Airborne) in Stuttgart, Germany, are training African soldiers in Mali and Mauritania to provide tactical military training for the Pan Sahel Initiative. The initiative is a U.S. Department of State security-assistance program focusing on four countries in the Sahara region of Africa: Mali, Mauritania, Niger and Chad.

While this was primarily a special operations mission, it could not have started without the support of Airmen from the 86th Contingency Response Group and the 37th Airlift Squadron, both from Ramstein Air Base, Germany.

"It was a pretty complex task bringing (them) from Germany to four different locations in Africa in very austere conditions," said Capt. Chris Miller, 86th CRG deployed commander.

A 37th AS crew flew 25 C-130 Hercules sorties in roughly two weeks to deliver the Soldiers and all their equipment. Forward based at Rota Air Station, Spain, and with load teams strategically placed at locations in the Pan Sahel region, the group worked 16-hour days flying daily shuttles in and out of Africa. After the desert dust had settled, they had moved more than 252 tons of cargo and 357 Soldiers into the region.

The group's challenges and efforts were not unnoticed.

"The CRG is an absolutely superb unit," said Army Brig Gen. Thomas Csrnko, U.S. Special Operations Command Europe commander. "They got us on the ground about four days earlier than expected. We couldn't have performed our mission without them."

Once the Soldiers were on the ground and performing their mission, the 352nd Special Operations Group from Royal Air Force Mildenhall, England, flew in to deliver sustainment supplies and for training.

AF officials testify on plans for space

Air Force officials joined those from the U.S. Navy in congressional testimony March 25, speaking before a Senate Armed Services Committee's subcommittee on strategic forces, about future plans for using space.

Peter B. Teets, undersecretary of the Air Force and director of the National Reconnaissance Office, joined Gen. Lance Lord, commander of Air Force Space Command, to speak about recent successes in the acquisition of space-based platforms. Secretary Teets told the subcommittee that space capabilities have grown in recent years, particularly because of cooperation

between each of the armed services. "I see substantial improvement in the capabilities in every mission area we have as we recapitalize our space assets for the years ahead," said Mr. Teets.

The undersecretary said he had set five priorities for national security space efforts in 2004. "These priorities have shaped the fiscal 2005 budget for DOD space programs," Mr. Teets said. "Planned investments for new space systems will provide significant increases in performance, according to the full range of intelligence and military operations, to include the global war on terrorism."

X-45A passes inert weapon test



Air Force/ Lori Losey

EDWARDS AIR FORCE BASE, Calif. — The Joint-Unmanned Combat Air System X-45A successfully carried out an inert-weapons release here March 20, marking the first weapons release from the internal bay of the high-speed, stealthy unmanned aircraft. Along with successfully releasing an inert, unguided small smart bomb, the testing demonstrated the aircraft's maximum envelope of about 495 mph and 35,000 feet. It also verified proper operation of the weapons bay door and tested its ability to transmit a radar image to the ground operator within time and bandwidth constraints, said 2nd Lt. Devon Christensen, Air Force Flight Test Center X-45A deputy program manager.





"Floating" Airmen learn boating skills from Japanese military

Members of the Air Force men's and women's dragon boat racing teams joined forces with a Japanese military team March 25 at the Japan Air Self Defense Force pool in Naha to practice techniques for this year's upcoming dragon boat races. (Clockwise from top left) **SPLASH:** Japanese military members mix up the water as they show off technique for the Air Force teams. **DIG:** JASDF Warrant Officer Shintaro Yamashiro (right), bends to critique the rowing techniques of Air Force Staff Sgt. Alike Publico and Airman 1st Class Elizabeth Whitmore of the 18th Civil Engineer Squadron. **STIR:** Warrant Officer Yamashiro digs an oar into the pool as Mami Tokita, 18th Wing public affairs office translates coaching instructions into English for team members. **TALK:** Ms. Tokita translates rowing techniques for the team as JASDF Master Sgt. Motoji Watanabe and Warrant Officer Yamashiro display poor form for rowing a dragon boat. **POOL:** Members of the JASDF teams shows Airmen how to row a dragon boat in a dragon boat "simulator."



Air Force/ Airman 1st Class Michael Pallazola



Air Force/ Airman 1st Class Michael Pallazola



Air Force/ Airman 1st Class Michael Pallazola

Air Force/ Airman 1st Class Michael Pallazola



Air Force/ Airman 1st Class Michael Pallazola



Air Force/ Master Sgt. Val Gempis
Senior Airman William Fay inspects the warning light inside the wheel well of a B-52 bomber during night flying at Andersen.



Air Force/ Master Sgt. Val Gempis
Staff Sgt. Terilyn Morrison, right, and Airman Felipe Maymi-Baez inspect helmets belonging to B-52 Stratofortress aircrews here. Sergeant Morrison and Airman Maymi-Baez are life support technicians with the 5th Bomb Wing at Minot Air Force Base, N.D. The wing is the first rotation to deploy to Guam following the decision to station a bomber force here.



Air Force/ Master Sgt. Val Gempis
Senior Airman Lester Smith uses a safety wire to secure a quick-disconnect line to prevent leaks on a B-52 Stratofortress engine. Airman Smith is an engine mechanic from the 5th Bomb Wing at Minot Air Force Base, N.D. The wing is the first rotation to deploy to Guam following the decision to station a bomber force here.

Bombers 'return' to Guam

ANDERSEN AIR FORCE BASE, Guam — Not only is the weather better here than at home, but their deployment is providing them with a great training environment, said Airmen from of the 5th Bomb Wing at Minot Air Force Base, N.D.

About 300 people from various specialties arrived here in February to support Minot's six B-52 Stratofortress aircraft conducting operations in the Pacific.

The 5th BW Airmen are the first rotation to deploy to Guam following the decision to station a bomber force here. Their presence here is part of U.S. Pacific Command's ongoing force posture adjustment.

"We're very excited to be here. This training is a real change of pace for us," said Senior Master Sgt. Wayne Guilbault, deployed munitions flight chief.

Normally, when the Airmen deploy they rapidly build munitions to support combat missions. In this environment, they also get the opportunity to build a lot of munitions but the pace is slower.

For almost a month, Sergeant Guilbault's crew has been working side-by-side with their Andersen counterparts at the munitions storage area here.

During the past two weeks the team assembled more than 400 bombs for aircrews to drop.

Sergeant Guilbault said this mission not only allows them to satisfy aircrew training, but it also helps Andersen get rid of some of its older munitions that were causing a maintenance backlog.

Second Lt. Tim Troup, an aircraft maintenance officer, said this deployment has been great for his Airmen.

"We have young people who have never deployed before," Lieutenant Troup said. "This training helps them get a better idea of what it's like to work away from home."

Senior Airman Lester Smith, an engine mechanic, said that the best things about Guam is the weather is always nice.

Ethics rules guide Airmen in political activities

By Staff Sgt. C. Todd Lopez
Air Force Print News

WASHINGTON — With less than nine months until the next federal election, political activity is heating up in the nation's capital and around the country.

Airmen may want to get involved in what are some of the most fundamental activities of American democracy: campaigning and politicking. But as employees of the federal government, servicemembers must ensure their participation in political activities does not violate government ethics regulations, said Melinda Loftin, the Air Force associate general counsel for fiscal and administrative law.

"Members of the armed services are encouraged to carry out their obligation of citizenship by voting," Ms. Loftin said. "But while on active duty, they are prohibited from engaging in certain political activities."

Servicemembers cannot participate in the management of partisan politics or be part of a political

campaign or convention, Ms. Loftin said. They cannot be a candidate for political office, conduct political opinion surveys, march or ride in partisan parades or participate in organized efforts to transport voters to the polls.

The restrictions on what a servicemember can do may seem numerous, but they serve an important purpose. They are meant to assure the American public that agents of the government, such as servicemembers, do not have undue influence on the American electoral process, officials said.

"The theory behind this is a separation between partisan-political activities and the federal government," Ms. Loftin said. "This is crucial when involving the armed forces because of the need for public confidence in civilian control of the military. If an Airman was wearing a uniform and engaging in political activities, it might give the appearance of an endorsement for a particular candidate by the armed forces."

Servicemembers can express their personal opinions on candidates for office, but they must ensure

their opinions are a reflection of themselves and not of the military. Airmen may join political clubs, attend political meetings and rallies as a spectator when not in uniform and make contributions to political organizations. They may also display bumper stickers (but not large signs) on their personal vehicles and sign petitions to put candidates on the ballot, Ms. Loftin said.

Servicemembers may also participate in what is perhaps the most important political activity, Ms. Loftin said.

"Members on active duty may register to vote, they may vote, and [they] are in fact encouraged to vote," she said. Servicemembers are allowed to vote while in uniform.

Issues involving federal employees and political activities are embodied in several publications, including the Joint Ethics Regulation.

Airmen with questions about what political activities they may participate in or with general questions about military ethics standards should contact their base legal office.

TODAY

- ▲ **EASTER BUNNY CAKE ORDERS:** Orders are now being accepted until April 9 for Easter cakes from 7 a.m. to 6 p.m. at the Banyan Tree Club's catering office. Payment is due at time of order. Club members receive a discount. Call 634-0644.
- ▲ **ALL RANKS GOURMET NIGHT:** Dine on an exquisite, upscale menu in the Kadena Officers' Club Flame Room from 5:30 to 9:30 p.m. Open to all services.
- ▲ **OKUMA:** Participate from today until April 11 in a variety of family events at Okuma Recreation Center in northern Okinawa to qualify for a grand prize trip for 3-days and two nights in Osaka, Japan to include airfare, hotel accommodations, transportation and passes to Universal Studios Japan. Drawing will be April 11 at 1 p.m. Participants must be present to win.
- ▲ **IKEBANA:** Four-session class begins from 5 to 7 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **50K BINGO:** Advanced tickets for the April 15 event can be purchased for \$75 until April 14 at the Rocker NCO club.
- ▲ **SUNKEN EASTER EGGS:** Register from today until April 11 at Kadena Marina's Sunken Easter Egg Hunt April 11 from noon to 6 p.m. Call 634-6344.
- ▲ **RECYCLE WAR REGISTRATION:** Register from today a team for Earth Fest 2004's Recycle Wars on April 24, a take-off on the Discovery Channel's Junkyard wars. Teams will be required to build an un-motorized vehicle and then take it through an obstacle course. Registration is limited.
- ▲ **BO DIDDLEY:** Blues legend Bo Diddlely will perform at the Rocker NCO Club at 10 p.m. on April 17. The show is open to all ranks and services. Advanced tickets can be purchased from today until April 16 at \$20 for club members and \$30 for non-members. Call 634-0740 for details.
- ▲ **BEACH CLEANUP:** Register from today until April 17 for a beach cleanup at Kadena Seawall on April 24 from 9 a.m. to noon. Divers and non-divers are needed. Call 634-6344.
- ▲ **SWIM PASSES:** Passes for the summer season are now available at Kadena's outdoor recreation facility. Cost are: primary user, \$50; first additional user, \$25; second additional user, \$15; fourth additional user, \$10. Maximum fees is \$100.
- ▲ **KUMON MATH:** Math study for children ages 5 to 18 in 40-minute sessions from 3 to 5:40 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **AIRFORCE SPACE CAMP:** Children from 12 to 18 can apply until April 28 for Air Force Space Camp in August at Huntsville, Ala. Applicants must have a 2.8 grade point average. Camps for 12-14 year olds will be held Aug. 1-6. Advanced camp for 15 to 18 year olds will be held Aug. 6-31. Call the youth center at 634-0500 or the teen center at 634-3866 for more information.

SATURDAY

- ▲ **ROCKER NCO CLUB:** Coyote Ugly Theme night in the ballroom from 10 p.m. to 3 a.m. Featuring rock, high-energy and country music. Prizes awarded throughout the night.
- ▲ **ALL RANKS GOURMET NIGHT:** Dine on an exquisite, upscale menu in the Kadena Officers' Club Flame Room from 5:30 to 9:30 p.m. Open to all services.
- ▲ **YELLOW RIBBON TOUR:** Call 634-4322 for more information.
- ▲ **TABLETOP WARRIORS CLUB:** From 10 a.m. to 10 p.m. at the Schilling Community Center.
- ▲ **WOODSHOP:** One-session safety orientation class begins from 9 to 10 a.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **QUILTING:** Machine patchwork quilting class from 9 a.m. to 5 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **MUSIC LESSONS:** One-hour classes for saxophone, flute and clarinet for ages 5 and up from 7 a.m. to noon at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **SEWING FOR BEGINNERS:** Three-session class begins from 3 to 5 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.

Watchout for those handlebars!



Air Force/Airman 1st Class Heather Tower
World-renowned Freestyle BMX biker Pat Anderson stands on the front wheel of his bicycle Saturday at the Schilling Community Center during a demonstration. More than 100 people attended two half-day workshops hosted by Mr. Anderson to teach base children various tricks on their bicycles. Mr. Anderson has been part of the X-Games since its inception.

- ▲ **FRAMING AND MATTING CLASS:** Three-session class begins from 9:15 a.m. to noon at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **FREE MAGIC SHOW:** A free magic show will start at 7 p.m. at the Kadena Youth Center. Family bingo for ages 6-12 and their families will follow the show.
- ▲ **BEGINNING POTTERY:** Three-session class begins from 10:30 a.m. to 1 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.

SUNDAY

- ▲ **OKINAWA WORLD TOUR:** Tour includes Gyokusendo Cave. Call 634-4322 for more information.
- ▲ **RENT-A-LANE:** Up to five bowlers can rent a lane for three hours for \$15 from 8 to 11 a.m. at Emery Lanes.
- ▲ **IN THE MIDDLE OF IT ALL TOUR:** Call 634-4322 for more information.
- ▲ **FAMILY DAY BOWLING:** Each game of bowling is \$1 from 8 a.m. to 11 p.m. at Emery Lanes when parents and children bowl together.
- ▲ **KID'S BISQUE PAINTING:** One-session class from 10:30 to 11:30 a.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.

MONDAY

- ▲ **MONEY MANAGEMENT:** Class held from 8 to 11 a.m. at the Family Support Center. Call 634-3366 to register.
- ▲ **SWIMMING:** Lap swim for free Mondays through Fridays at Kadena High School pool from 5:30 to 7 a.m. or 4 to 6 p.m.
- ▲ **CAKE DECORATING:** Class from 6:30 to 8:30 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **SINGLEPARENT GROUP:** Meets from 11:30 a.m. to 12:30 p.m. at the Family Support Center. Call 634-3366 to register.
- ▲ **OBI CLASS:** One-session class on Monday from 6 to 8 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **RYUKYU MURA TRADITIONAL ARTS & CRAFTS TOUR:** Call 634-4322 for more information.
- ▲ **BEGINNERS' WOOD-CRAFTING:** Three-session class begins from 10 a.m. to 1 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **TEEN HIKE:** Hike a trail near the Renaissance Hotel. Tour departs from teen center at 1 p.m. Call 634-3866 to register.
- ▲ **KIDS AND CAMERAS:** Three-session class begins Monday from 4 to 7:30 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **FAMILY NIGHT BOWLING:** Each game of bowling is \$1 from 8 a.m. to 11 p.m. at Skoshi Bowl when parents and children bowl together.
- ▲ **KID'S DRAWING & CAR-TOONING:** Eight-session, four-week class begins Monday from 2 to 5 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.

TUESDAY

- ▲ **FREE BOWLING:** Children up to 18 years old whose sponsor has a valid ID card bowl for free in honor of the month of the military child at Emery Lanes. A three-game limit may be imposed if a waiting list is started and a parent must accompany children under 10 years old.
- ▲ **CERAMIC RE-CERTIFICATION:** One-session class begins from 6 to 8:30 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **JAPANESE CLASS:** Adult conversational class from 7:30 to 9 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **FRAMING AND MATTING CLASS:** Three-session class begins from 9:15 a.m. to noon at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **RESUME 101:** Class held from 9 a.m. to noon at the Family Support Center. Call 634-3366 to register.
- ▲ **FINE ARTS/MUSEUM TOUR:** Call 634-4322 for more information.
- ▲ **SALSA DANCE:** Adult beginner's class from 6 to 7 p.m. and Adult advanced class from 7 to 8 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **TAICHI CHUAN:** Adult class from 5 to 6:30 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **INTERMEDIATE POTTERY:** Four-session class begins from 5 to 7:30 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **JAPANESE CRAFTS FOR TEENS:** A washi paper class will be held at the teen center at 1 p.m. Origami will also be taught. Call 634-3866 for more information.
- ▲ **DRAWING:** Eight-session, four-week class begins Tuesday from 10 to 11:30 a.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **OIL PAINTING:** Eight-session, four-week class begins Tuesday from noon to 8 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **IKEBANA:** Four-session class begins from 11 a.m. to 1 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.

WEDNESDAY

- ▲ **KIDS CRAFT WORKSHOP:** Class held from 9 to 11 a.m. at the Family Support Center. Call 634-3366 to register.
- ▲ **KID' MEMBERSHIP NIGHT:** From 5 to 7 p.m. in the Rocker NCO Club's ballroom. Free to members with their children ages 12 and under. Children will receive a free gift at the door.
- ▲ **TIME MANAGEMENT:** Class held from 11:30 a.m. to 12:30 p.m. at the Family Support Center. Call 634-3366 to register.
- ▲ **FIRST TIME HOMEBUYERS:**

- Class held from 2 to 4 p.m. at the Family Support Center. Call 634-3366 to register.
- ▲ **OCEAN OBSERVATORY TOUR:** Call 634-4322 for more information.
- ▲ **BEGINNING POTTERY:** Three-session class begins from 5 to 7:30 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **KUMON MATH:** Math study for children ages 5 to 18 in 40-minute sessions from 3 to 5:40 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **KNITTINGFOR BEGINNERS:** Three-session class begins from 6:30 to 8 p.m. at the Kadena Arts and Crafts Center. Call 634-1387 for more information.
- ▲ **OKINAWA DANCE:** Class from 5 to 7 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **PARENT LUNCHEON:** Let your teen serve you a free lunch at the teen center from 11:30 a.m. to 1 p.m. The teen center staff will also brief parents about upcoming activities. Call 634-3866 for more information.
- ▲ **BONSAI:** Four-session class from 6 to 8 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **WASHI PAPER:** Four-session class begins from 6 to 8 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **BEGINNING CROCHET:** Four-session class begins from 5:30 to 6:20 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **ADVANCED CROCHET:** Four-session class begins from 6:30 to 7:20 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.

THURSDAY

- ▲ **FEDERAL EMPLOYMENT:** Class held from 9 a.m. to noon at the Family Support

M O V I E S

Patrons should call Keystone Theater at 634-1869 or Butler Theater at 645-3465 to verify movie titles, showtimes and ratings.

Keystone Theater

- ▲ Tonight: Calendar Girls, PG-13, 6 p.m.
- ▲ Saturday: Hidalgo, PG-13, 9 p.m.
- ▲ Sunday: The Perfect Score, PG-13, 4 p.m.
- ▲ Monday: Hidalgo, PG-13, 9 p.m.
- ▲ Tuesday: The Perfect Score, PG-13, noon.
- ▲ Wednesday: Calendar Girls, PG-13, 4 p.m.
- ▲ Thursday: Hidalgo, PG-13, 7 p.m.
- ▲ Friday: The Perfect Score, PG-13, 7 p.m.
- ▲ Saturday: Stargate, PG-13, 7 p.m.
- ▲ Sunday: Spartan, R, 7 p.m.
- ▲ Monday: Scooby-doo 2, PG, 6 p.m.
- ▲ Tuesday: Spartan, R, 9 p.m.

Foster Theater

- ▲ Tonight: The Passion of Christ, R, 4:30 p.m.
- ▲ Saturday: The Passion of Christ, R, 10 a.m.
- ▲ Sunday: The Passion of Christ, R, 1 p.m.
- ▲ Monday: The Passion of Christ, R, 4 p.m.
- ▲ Tuesday: The Passion of Christ, R, 7 p.m.
- ▲ Wednesday: The Passion of Christ, R, 10 a.m.
- ▲ Thursday: The Passion of Christ, R, 1 p.m.
- ▲ Friday: The Passion of Christ, R, 4 p.m.
- ▲ Saturday: The Passion of Christ, R, 7 p.m.

- Center. Call 634-3366 to register.
- ▲ **TEA CEREMONY:** Class held from 10 a.m. to 12:30 p.m. at the Family Support Center. Call 634-3366 to register.
- ▲ **JAPANESE CALIGRAPHY CLASS:** Adult class from 6:30 to 8:30 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **VA RETIREMENT BRIEF:** Class held from 1 to 4 p.m. at the Family Support Center. Call 634-3366 to register.
- ▲ **JAPANESE CLASS:** Adult conversational class from 10 to 11:30 a.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **KIDSONTHE MOVE:** Class held from 4 to 5 p.m. at the Family Services Bldg. 403. Call 634-3366 to register.
- ▲ **TAICHI CHUAN:** Adult class from 5 to 6:30 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **MUTUAL FUNDS:** Class held from 5 to 6:30 p.m. at the Family Support Center. Call 634-3366 to register.
- ▲ **WOODSHOP:** One-session safety orientation class begins from 5 to 6 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **SPRINGCEKATINGTOURTOUR:** Call 634-4322 for more information.
- ▲ **SALSA DANCE:** Adult beginner's class from 6 to 7 p.m. and Adult advanced class from 7 to 8 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **TEEN TOUR:** A tour to Yomitan Village to explore the famous glass blowing and pottery village will depart the teen center at 1 p.m. Call 634-3866 for more information.
- ▲ **KID'S STAMPING CLASS:** One-session class from 3 to 4:30 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **STAMPINGAND EMBOSING:** One-session class on Thursday from 6 to 8 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.

APRIL 9

- ▲ **FLASHLIGHT EGG HUNT:** Bring a flashlight to the Kadena Youth Center for an Egg hunt with a twist. Hunt for children aged 6 to 8 will begin at 6 p.m.; children aged 9 and 10 will hunt at 7 p.m. and children 11 and 12 will hunt at 8 p.m.
- ▲ **ADOPTION WORKSHOP:** Class held from 9 a.m. to noon at the Family Support Center. Call 634-3366 to register.
- ▲ **BRUSH WRITING:** Class held from 1 to 3 p.m. at the Family Support Center. Call 634-3366 to register.
- ▲ **COMEDY SHOWCASE:** Featuring DC Malone and Tonya Kaye starts at 8 p.m. in the Banyan Tree ballroom. Show not suitable for children.
- ▲ **YUI MONORAIL & KOKUSAI STREET TOUR:** Call 634-4322 for more information.
- ▲ **ALL RANKS GOURMET NIGHT:** Dine on an exquisite, upscale menu in the Kadena Officers' Club Flame Room from 5:30 to 9:30 p.m. Open to all services.
- ▲ **EASTER BUNNY CAKE ORDERS:** Last day to order an Easter cakes from 7 a.m. to 6 p.m. at the Banyan Tree Club's catering office. Payment is due at time of order. Club members receive a discount. Call 634-0644.
- ▲ **KUMON MATH:** Math study for children ages 5 to 18 in 40-minute sessions from 3 to 5:40 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **TEEN BARBECUE:** A barbecue will be held at the teen center. Call 634-3866 for more information.

APRIL 10

- ▲ **COMMUNITYEGG HUNT:** Held at 4-Diamonds field at 9 a.m.
- ▲ **GIVEPARENTS A BREAK:** Held from 6 to 11 p.m. Call 634-3366 to register.
- ▲ **COMEDY SHOWCASE:** Featuring DC Malone and Tonya Kaye starts at 10 p.m. in the Rocker NCO club ballroom. Show not suitable for children.
- ▲ **PAMPERED PET DAY:** Meet and interact with pets currently awaiting adoption at the Kadena base exchange from 11 a.m. to 2 p.m. Call 632-4062.
- ▲ **POWER SCRAPBOOKING:** One-session class begins from 10 a.m. to 4 p.m. at the Kadena Arts and Crafts Center. Call 634-1666 for more information.
- ▲ **ALL RANKS GOURMET NIGHT:** Dine on an exquisite, upscale menu in Kadena Officers' Club Flame Room from 5:30 to 9:30 p.m. Open to all services.
- ▲ **EXPOARKOKINAWACHURAUAMI AQUARIUM TOUR:** Call 634-4322 for more information.
- ▲ **QUILTING:** Machine patchwork quilting class from 9 a.m. to 5 p.m. at the Schilling Community Center. Call 634-1387 for more information.
- ▲ **TASTE OF THE TOWN TOUR:** Call 634-4322 for more information.
- ▲ **BINGO:** Cards go on sale at 1 p.m. and play begins at 2 p.m. at the Schilling Community Center.
- ▲ **TABLETOP WARRIORS CLUB:** From 10 a.m. to 10 p.m. at the Schilling Community Center.
- ▲ **MUSIC LESSONS:** One-hour classes for saxophone, flute and clarinet for ages 5 and up from 7 a.m. to noon at the Schilling Community Center. Call 634-1387 for more information.

C H A P E L	
Catholic	
▲ Monday through Friday	: Mass, Chapel 2, noon.
▲ Saturday	: Confession, Chapel 2, 3:30 to 4:30 p.m.
	Vigil Mass, Chapel 2, 5 p.m.
▲ Sunday	: Mass, Chapel 3, 8:45 a.m.
	Mass, Chapel 3, 12:30 p.m. and 5 p.m.
Protestant	
▲ Wednesday	: Bible Study, Chapel 1, 7 p.m.
▲ Sunday	: Inspirational, Chapel 2, 8:30 a.m.
	Liturgical, Chapel 3, 8:45 a.m.
	Evangelical, Chapel 1, 9 a.m. and 10:45 a.m.
	General Protestant, Chapel 2, 10:30 a.m.
	Gospel, Chapel 3, 10:30 a.m.
	Sunday school, Bldg. 326 and Bldg. 327, 10:45 a.m.
▲ Hindu service:	Mondays, Chapel 1, noon.
▲ Eastern Orthodox service:	call 645-7486
▲ Jewish services:	call 637-1027
▲ Islamic services:	call 636-3219

Sport Standings

Racquetball

Division 1

Team	W	L
18 OSS (A)	6	0
18 SFS	6	0
Det. 1, 554	3	1
18 CES	3	2
18 CS	1	3
733 AMS	1	4
18 LRS (A)	2	2
18 CMS	0	7

Division 2

Team	W	L
18 AMXS	6	1
18 MOS	5	2
353 OSS	5	2
18 MSS	4	4
VP9 (A)	1	0
VP9 (B)	2	2
18 OSS (B)	0	1
18 LRS (B)	0	7

Volleyball

Division 1

Team	W	L
733 AMS	7	0
DODDS (A)	5	1
18 CES	5	2
18 LRS	4	3
18 CMS (A)	2	5
18 CS (A)	1	5
18 EMS	1	5
18 SVS	1	5

Division 2

Team	W	L
390 IS	7	0
353 OSS	3	0
909/961st	5	1
18 CMS (B)	5	2
18 CPTS	4	3
18 CS (B)	2	4
623 ACF	2	5
DODDS (B)	1	5
18 MDSS	0	8

SOURCE: 18th SVS fitness center staff (current as of Wednesday)



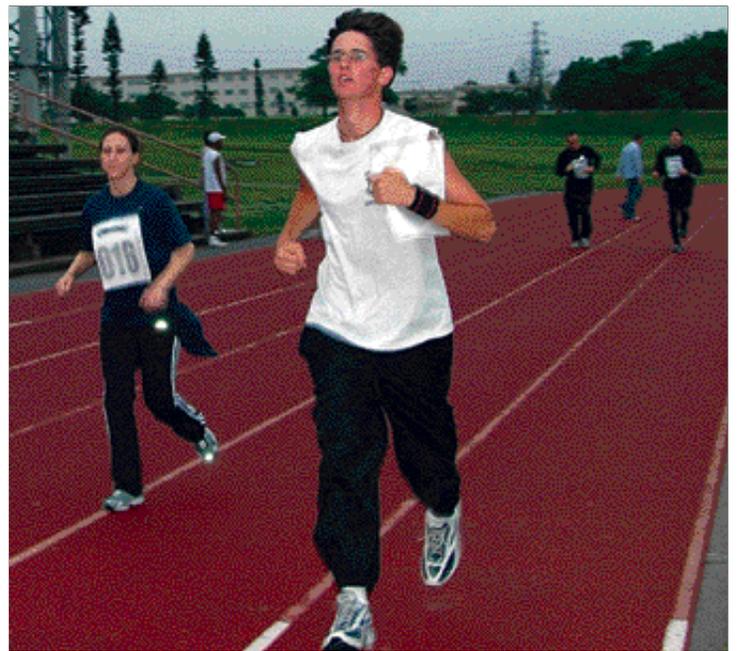
Air Force/ Heather Guston

The Pantherun was originally started as a senior class fundraiser in the 1980s. The current booster club decided to bring the event back in an effort to build community camaraderie and to promote fitness.



Air Force/ Heather Guston

The Kadena High School National Honor Society Team completes a lap in the fundraiser. Runners completed the final lap at 6 p.m. on Saturday, 24 hours after the run at the track near Risner Fitness Complex began.



Air Force/ Heather Guston

Twenty-two teams registered for the event, with 20 of the teams finishing the relay.

SPORTS BRIEFS

SOCCER CUP TOURNAMENT: The Kadena Soccer Cup begins at 6 p.m. today and continues all day April 3 followed by the championship game at 1 p.m. April 4. For more information, call 634-5128.

NUTRITION AND CARDIO CLASS: There will be a performance nutrition and cardio and resistance training class held at Building 88 from 6 to 8 p.m. today. The class, which is limited to 96 people, offers tips on meal planning, weight loss and healthier eating habits. Registration costs \$25, which will be collected at the door. To register, e-mail jrmoorefitness@yahoo.com or call 893-7441.

EARTH DAY 5K FUN RUN: A 5-kilometer fun run for Earth Day will start at 10 a.m. at Gate 1 on April 24.

FITNESS CENTER REOPENS: The Falcon Fitness Center located at Kadena across from Chapel 2 will reopen Monday. Hours will be from 5 a.m. to 10 p.m. Monday through Friday. The fitness center is equipped with Cybex equipment, free weights and cariod equipment.

WHEELCHAIR BASKETBALL: Kadena will host a Friendship Wheelchair Basketball game from 10 a.m. to 2:30 p.m. April 10 at the Risner Fitness Center basketball court.

20 teams finish 24-hour relay for fund-raising high school seniors

By Heather L. Gustin
Kadena High School

The Kadena High School Booster Club revived an old tradition last weekend. The Pantherun, a 24-hour relay, began at 6 p.m. on March 26, and ended with exhausted, yet enthusiastic, runners completing their final lap at 6 p.m. on March 27.

The Pantherun was originally started as a senior class fundraiser in the 1980s. The current booster club decided to bring the event back in an effort to build community camaraderie and to promote fitness.

Twenty-two teams registered for the event, with 20 of the teams finishing the relay. Despite rainy conditions, the teams camped overnight at the Risner Fitness Center track and kept one runner on

the track at all times.

"These participants deserve a pat on the back. Everyone has been super cooperative," said School Officer Jerry Burks.

Booster Club President Wendy Poffenberger-Turner felt the event was a great success. "We went through and talked to the different groups throughout the night, and there was so much excitement. Everyone had such a great attitude, whether they were wet or tired."

Awards were given in three separate categories. The 3rd Reconnaissance Marine Corp Team from Schwab named "Shadow" completed 911 laps and took home the trophy for the top men's team. The co-ed winners were the "Marine Marathon" team, who com-

pleted 880 laps. In the student competition, the KDHS National Honor Society team won with 607 total laps.

"We had an amazing group of kids who were more than willing to adapt their schedules to help their teammates," said NHS sponsor Lynn Lund.

As runners circled the track, members of the OH3 team made sure they offered supportive cheers. "We may not have won, but we now have friends on every team," stated Chief Warrant Officer 2 Tim LeMaster, a member of the OH3 squad, which ended with 648 laps.

Barbara Mark and Wendy Poffenberger-Turner coordinated the event, and Cheryl Stutzman organized volunteers for everything from counting laps to trash pickup. "It's been an amazing suc-

cess. The teams' excitement and positive feedback is the number one reason to continue this tradition," Mark said.

KDHS Project Graduation provided healthy concessions, and meal service throughout the event.

In addition to booster club and parent volunteers, many other base organizations supported the endeavor. 18th Services, Risner Gym administration, Project Graduation, 18th Security Forces Squadron, 18th Medical Group, Kadena High School, and the Youth Center all provided services or equipment for the event. The spirit of the race was evident as runners cheered throughout the final lap and awards ceremony. OH3 team member Brent Miks said, "I hope they do it again next year. We'll have an even bigger tent!"