

MONTHLY SORTIE GOALS	
961st Airborne Air Control Squadron	
Monthly flying-hour contract	27.0
Hours flown	24.6
Monthly offset	-2.4
33rd Rescue Squadron	
Monthly flying-hour contract	80.0
Hours flown	98.4
Monthly offset	+18.4
909th Air Refueling Squadron	
Monthly flying-hour contract	140.0
Hours flown	142.9
Monthly offset	+2.9
44th Fighter Squadron	
Monthly sortie contract	160
Sorties flown	165
Monthly offset	+5
67th Fighter Squadron	
Monthly sortie contract	167
Sorties flown	172
Monthly offset	+5

Source: 18th MOS/MXOOP, as of Feb. 11

THE KADENA



SHOGUN

Vol. 18, No. 6
Kadena Air Base, Japan
Friday, Feb. 13

18th SFS NCO reaps AF award after Iraq de

By Staff Sgt. Jason Lake
18th Wing Public Affairs

Before Technical Sergeant Brian Gates stepped foot into Iraq he had been told how bad the situation was, but nothing could have prepared him for what he experienced after he arrived.

Buildings had been stripped down to their foundations and power lines had been cut down and gutted by people looking for a chance to sell the metal for scrap.

"Everything that was loose during the war was stolen," he explained. "People took anything they could get their hands on (that belonged to the former government)."

Sergeant Gates said that the crime and looting was sort of "pay back" to the looters for all the money that had been squandered in Saddam Hussein's best interests.

To help restore order to the city adjacent to Kirkuk Air Base, Iraq, Sergeant Gates and a handful of other deployed security officials were requested to help train 30 local police officers that would patrol the city.

The former technical school instructor said they taught the police officers skills such as how to handcuff, search and challenge suspects.



Courtesy photo
Technical Sergeant Brian Gates, 18th Security Forces, poses with Iraqi children while patrolling the streets of Kirkuk, Iraq, last September. Sergeant Gates was recently named the Air Force's top security forces NCO of the year.

The group also trained the officers on the proper use of force, which according to Sergeant Gates, was needed – especially after 30 years of cruelty under Saddam's rule.

"Some of these officers were former Iraqi military or Republican Guard members," he said. "One officer asked me if it was alright to hit a suspect if they didn't answer during questioning."

Sergeant Gates simply asked the

officer how he would want to be treated if he were the same suspect.

"We taught them that they should treat suspects with respect," he explained. "Otherwise they would lose the trust and respect from the people whom they're trying to protect."

The Dunsmuir, Calif., native said he talked to one former Iraqi military member who had been in the country's army for more than 25 years, but had

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Some Kadena pilots scoff at 'unlucky' Frida

By Major Veronica Kemeny
18th Wing Public Affairs

Triskaidekaphobia, or fear of the number 13, may not impact many Kadena pilots here today despite the American superstitious belief that Friday the 13th is supposed to be unlucky.

However, many pilots here do acknowledge that they have some pre-flight traditions and lucky charms they incorporate into their daily flying not just

One of Wilson's comrades at the 44th Fighter Squadron isn't counting on luck alone.

In fact, he seems to get inspiration from a higher power and his mother's love to guide him through the blue.

"Saint Michael" routinely gets flight hours in an F-15 around the neck of First Lieutenant Dave "Shady" Wright, also of the 44th FS.

"Saint Michael was the arch angel who evicted Satan from heaven," he said. "My

Lieutenant Hebert said.

While flying jets can be serious business, one pilot has a rubber chicken with combat flying hours that reaps an occasional laugh.

Found in his squadron during a deployment to South-west Asia a couple of years ago, Captain Jeremy "Mad-dog" Lushnat, a pilot with the 44th FS, said he used the chicken to bring some laughs to the seriousness of combat life.





Communicating in an e-

By Lt. Col. William Kitch

718th Civil Engineer Squadron commander

Strong leaders need many talents.

They need to be able to envision the future to know where it is that they want to take their unit. They need to be able to make plans that will allow them to make their vision a reality. They need to be able to put in place a management system that will establish goals to get to their vision and provide the information and controls they need to meet their goals. But, perhaps most importantly, leaders need to be able to articulate their vision and goals to the members of their unit, receive feedback on their progress and make decisions based on the feedback.

In other words, leaders need to be effective communicators.

It seems to me that in the information age, or e-world of the 21st century, we have too often let the raw transmission of information suffice for communication.

We are so busy e-mailing one another that we don't have time to really communicate.

E-mail, web sites and online databases have vastly increased our ability to transmit information rapidly, but unless used properly they will not improve our ability to communicate.

The basic nature of communication has not changed since humans first developed language thousands of years ago.

For two or more people to communicate, a message must be clearly composed by the transmitter, it must be delivered to the receiver, the receiver

Have you ever had this conversation, "Why aren't you at the two o'clock meeting? What two o'clock meeting? The one I emailed you about this morning at ten o'clock." Here's a case where a phone call would have been more effective than an e-mail.

must understand the message and provide feedback to the sender in the form of another message.

Our new electronic tools allow only more information to be transmitted and at a faster rate of transmission. However, effective communication is not guaranteed.

We need to get back to the basics of communication - what we have been taught since grammar school, and repeated through high school and refined in college and professional military education courses that we've taken.

Clearly state the subject. How many messages in your inbox today have no subject line at all? How many have a subject line that says "action items from today's staff meeting?" What are the action items? Are they different from the action items in the e-mail you received last week with the same title?

Think before you speak. Today this translates to think before you click "send." Did you read through your message before or after you sent it? How many times have you attempted to recall a message this week? How many times have you

in Thule rather than have you clicked "reply" to the entire base with the sender?

Use the right n this conversation, "What o'clock meeting? What one I emailed you about o'clock." Here's a case have been more effective

E-mail is a powerful thing it can do powerfully things.

Before you click a few key questions. Is subject clear? Am I polite? Am I using the call or briefing at Co active? How do I know received?

Good leaders need Use this tool responsibly leader.

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ACTION LINES

E-mail:

18wg.cchotline@kadena.af.mil



Brig. Gen. Jeffrey Remington 18th Wing commander

The 18th Wing is very interested in ideas that can make Kadena an even better place to live, work and play.

If you have a concern that you have been unable to resolve through normal chains of command, then we'll look into it.

Although not required, it's better to give commanders, first sergeants or the agencies with which you have the concern the opportunity to correct the situation first. When that fails, send us an e-mail. Include your name and telephone number so someone can get back to you, and a brief summary of your concern.

Car window tinting

What is the policy on window tinting? Is there a system where we can report cars not in compliance

Our Security Forces members are always checking for people that have their windows tinted and are not following the established regulations. Our base regulations mirror the rest of the island in respect to the

amount of allowed tinting.

Here's a summary of tinting regulations:

- Vehicle windows will not have any tint on the windshield, driver's, or passenger's front door window unless it is factory tint. Vehicle rear windows, passenger's back door windows may be tinted or darkened to zero percent. Vehicles that have four doors may tint the windows on the back doors. As for vehicles without four

doors, the rear quarter panel windows may be tinted. Vans may tint all windows except the windshield and the driver and passenger front door windows.

If you see a vehicle in violation, you may report the vehicle to the Security Forces law enforcement desk at 634-2475 or call your first sergeant. Make sure you have the full license plate number that includes the small numbers on top (78, 500, 501, etc).

PHONE NUMBERS

AAFES Action Line.....645-4301	Home Telephone Helpline.....634-4080
Base Exchange.....633-4570	Housing Maintenance.....634-HOME
Clubs.....634-3002	Kadena Services.....634-1719
Commissary.....634-3640	Medical and Dental.....630-4785
Finance.....634-1996	Safety.....634-SAFE
Fraud, Waste & Abuse Hotline.....634-0404	Security Forces.....634-1397



18th Publ Dept Publ

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CORRECTION: Technical Sergeant William McQueen was named Kadena's NCO of the Year during the Annual Award ceremony Jan. 31. He was also awarded the Japan American Air Force Goodwill Association's award for outstanding community service that helped improve Japan-American relations.

DRAGONBOATRACERSNEEDED: Volunteers are needed to form teams for the May 5 Naha Dragon Boat race. A men's and women's team are needed for the competition consisting of 32 rowers, a gonger and a motivator. Team members must be Air Force active duty, Guard, Reserve members, a Department of Defense civilian employee or a Status of Forces Agreement family member over age 18. Racers are expected to attend training sessions 3 times every week - Monday, Wednesday, and Friday at 5:30 a.m. or 5:30 p.m. at the Four Diamonds Softball Field. There will be a meeting Tuesday at 3 p.m. at the Schilling Community Center. For more information, call Master Sgt. Ursula Young at 634-2499.

OKINAWA MARATHON: The 2004 Okinawa Marathon will be held Feb. 22 and will pass through Kadena at Gate 2 and

Town hall meeting



Air Force/ Tech. Sgt. Richard Freeland

Brig. Gen. Jeffrey Remington, 18th Wing commander, discusses issues concerning Kadena residents during a Town Hall broadcast at the Armed Forces Network studio Feb. 4. General Remington and other base leaders addressed issues such as appointment scheduling difficulties, diesel gas pumps coming to Kadena soon, allowing pets in the temporary living facility and internet upgrades due this spring.

exit through Gate 5. Drivers near Gates 2 and 5 and on Kuter Blvd., Vincent Ave. and Schreiber Ave. should expect to be rerouted away from the marathon route from 10:30 a.m. until 2 p.m.

SCHOLARSHIP: The Naval Offi-

cers' Spouses' Club of Okinawa is accepting applications for their 2004 Scholarship Program. Eligible U.S. Navy family members may pick-up applications at the Navy Fleet Gift Shop at Camp Lester, base education centers and other locations. Applications

are due by April 1, 2004. For more information, visit the Navy Fleet Gift Shop or contact Stacy Wheeler at 646-8726 or e-mail: wheelerinokina@hotmai.com.

DOGGY DASH: The Air Force Sergeants Association will

Membership has its privileges

Three Kadena airmen win \$9K in Services membership

By 2nd Lt. Chrystal Smith
18th Wing Public Affairs

Membership truly has its privileges as discovered by three Kadena airmen.

Three Kadena club members were awarded \$9,000 worth of travel vouchers as a result of the recent Air Force Clubs membership drive sponsored by Air Force Services.

Senior Master Sergeant Mark Egan, 18th Logistic Readiness Squadron, was the biggest winner taking home \$5,000. Staff Sergeant Robert Blake, of the 18th Maintenance Operations Squadron, collected \$3,000 in winnings, while Airman First Class Gregory Aranda, also from the 18th LRS, clinched the third place award of \$1,000.

Winning the money was a

true surprise for the LRS airmen.

"I feel very lucky and surprised that I won," said Airman Aranda, member of three months.

Sergeant Egan echoed that sentiment as he collected the largest amount of the Kadena winners.

"Pure luck is all," he said. "I never won a prize of this value before...it's pretty awesome."

It should be a big surprise for Sergeant Blake as well and perhaps a bonus that could be used during the R&R leave he will receive upon his return from deployment.

While this is only speculation of what Sergeant Blake will do with his winnings, the other two Kadena winners have pretty solid plans for their winnings.



Air Force/Staff Sgt. Anika Williams

Senior Master Sergeant Mark Egan, 18th Logistic Readiness Squadron, and Airman First Class Gregory Aranda, 18th LRS and Staff Sergeant Robert Blake (currently deployed), 18th Maintenance Operations Squadron, were recently rewarded with travel vouchers during an Air Force Services membership drive.

Airman Aranda is making plans to hang out with a friend in the land down

under. "I plan on taking a trip to Australia," he said. "I also



Air Force /Maj. Malcolm Kemery

First Lieutenant August "Pfoto" Pfluger, a 67th Fighter Squadron pilot, never leaves home without his credit card because it "helps" him avoid being diverted to locations where he may need money.

FRIDAY: Pilots fly with lucky charms

Continued from Page 1

who would fly with it too."

Captain Lunshnat's chicken now is stored in his life support locker, and he acknowledged that he sometimes brings it out to fly during an exercise just for a good laugh.

"I've had the same pair of boots since pilot training at Sheppard, my F-15 training at Tyndall and now my first (operational) assignment here. said Captain Gus "Shrek"



Air Force /Maj. Malcolm Kemery

Captain Jeremy "Maddog" Lushnat, 44th Fighter Squadron pilot, says his adopted rubber chicken helps provide stress relief during the seriousness of long combat missions.

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While Kadena donations arrive in Afghanistan's village adoptions

By Master Sgt.
Adam Johnston

18th Wing public affairs

Donated goods collected at Kadena and nine other bases are beginning to arrive in Iraq, a chaplain deployed from here to Tallil Air Base said recently. A similar donation program in Afghanistan is expanding to weekly visits, after a year of monthly deliveries.

Last month workers at Kadena Air Base shipped nearly 500 pounds of school supplies, children's clothes and personal hygiene items to the war-torn country, according to Chaplain (Captain) Dominic Vitaliano, of the 18th Wing. Donations for Afghanistan's Adopt-A-Village program which in February 2003 have also been collected, sent and delivered during the last year from this sub-tropical island in the Pacific.

"This is our first time doing this and we might do it again. This is a great way for people to show their help and caring for people in these countries," Chaplain Vitaliano said. "I think it's a sign of our connectedness for those in harms way and we're supporting them in this way," he said.

Chaplain Vitaliano said he knows how valuable such support from home units is during a deployment. "When I was in Qatar, there was a lot of Americans sending stuff for troops." With donations from the community, Chaplain Vitaliano said it shows, "we're looking out for the people of that country. We really are trying to improve their lifestyle."

"You can't imagine the number of children that do not have shoes and walk barefoot in the winter," said Chaplain (Major) Michael Warner in an e-mail interview from Tallil to Kadena Feb. 4.

Chaplain Warner acknowledged that some of the supplies from Kadena have arrived and



Chaplain (Major) Michael Warner, an 18th Wing chaplain, deployed since October to Tallil Air Base, Iraq poses for a photo at Ur Elementary School in Iraq Jan. 30. Some of the donated clothing and school supplies there were from collection drives made earlier this year at Kadena.

Army /Maj. Bob Anderson

school. Part of the mission here is to rebuild the infrastructure of Iraq including the schools." The supplies received from Kadena and other locations throughout the world are going to local school children and orphanages.

The donations, according to the chaplain, make a direct contribution to the mission in

Expeditionary Group at Tallil.

"The chapel in conjunction with the fire department at Tallil funnel all donations to the local Iraqis through the Army's 171st Area Support Group," Chaplain Warner said.

"Air Force personnel are not allowed off base. The Army because of their mission moves freely so they volunteered to

whelmed with joy, do a lot of hugging and kissing hands and typically cry with tears of appreciation for the donations in Iraq. "You would think they received the world," he said.

"To date - 1,750 pounds of supplies from 10 bases and 17 churches in the U.S. have made direct contributions of clothes and school supplies," he

Glamo Photography

FOR DEPLOYED LOVE!

Story by 2nd Lt.
Chrystal Smith
18th Wing Public Affairs

“What can I do that will make him drool?”

That seemed to be the question most spouses had on mind while dressing up and stepping in front of a glamour photographer for Valentine's Day at Kadena.

The free, two-day event for spouses of deployed airmen from this island-based community of 24,000 was the first of its type at Kadena, said Tech. Sgt. Michael Stines, 18th Wing family readiness NCO.

The event – a by appointment only affair in Bldg. 88 Feb. 4 and 5 – was also a first for some of the spouses of deployed airmen.

Amelia Schetroma was so tense that the whites of her knuckles could be seen as she sat clutching her purse while waiting for her chance to dazzle the photographer with her new glamorous look.

“I'm kind of a little tense,” she said. “I think it's fun though, to see the ladies



Air Force photos by A1C Michael Pallazola
Courtney Rybicki took more than 2,000 photos during the two-day event for spouses of deployed members at Kadena for Valentine's Day.

session with an uncanny focus in her eyes.

More in-depth probing found that there was a reasonable motive for Mrs. Grant's determination.

She said she had lost 40 pounds since her husband had deployed in November.

“This photo shoot is a way of saying ‘I love you and miss you’ and ‘I want you to come back soon,’” she said.

Because this is the second deployment in less than one year for the Grant family,

shoot at Camp Foster last year, Master Sgt. Adam Johnston, 18th Wing public affairs, recalled how he felt in Afghanistan when he received photos mailed as a surprise from his wife. “I was blown away,” he said. “It gave me hope and focus for what we were doing for our country. The impact that something that simple had on me was phenomenal.”

“The whole purpose of glamour shots is to be some one that you are not,” said Dr. Ginger Armandi, director and makeup specialist for the shoot.

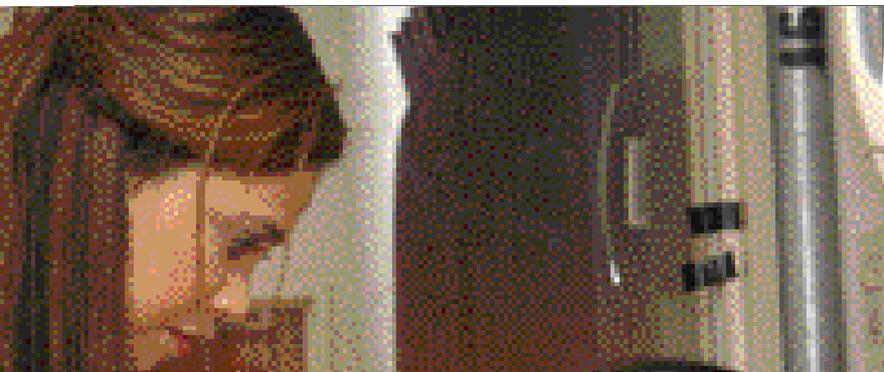
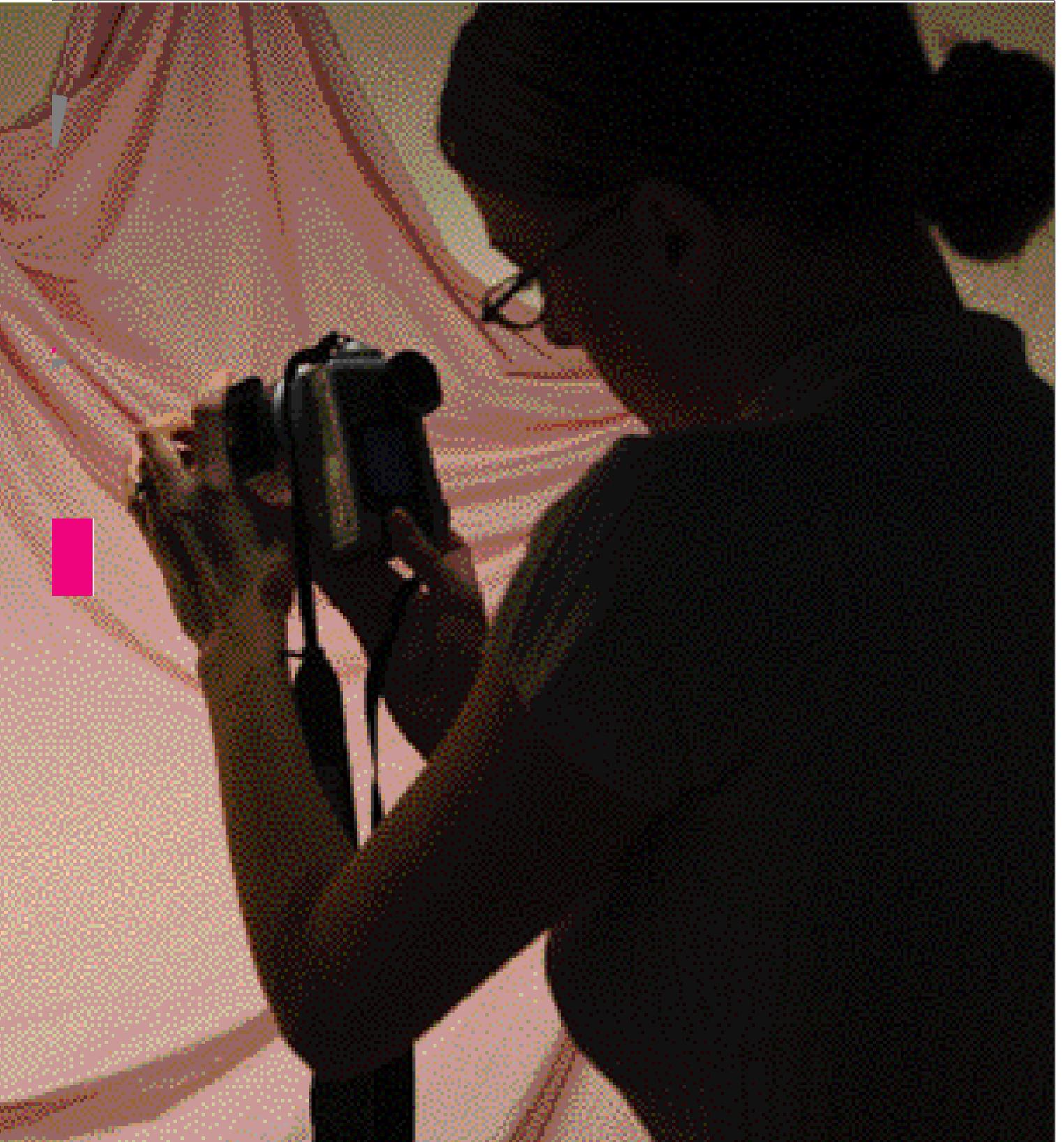
Not only will the photo be a surprise, but also the significant glamorous makeovers are sure to arouse the curiosity of the husbands,” she said.

Many different emotions were surfacing during the shoot; there was a lot of laughter and smiles as the shoot went on.

One wife even began to cry after seeing how a little makeup and a different hairdo enhanced her natural beauty.

“The glamour shoot was an absolute success,” said Sergeant Stines. “It was cre-







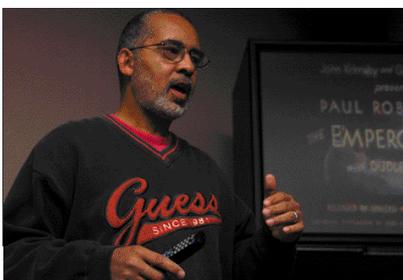
Master Sgt. Tanya Kitt, 18th Mission Support Group, takes time to read a story to "Darren the D.A.R.E. Lion" and a group of you American Expo at Kadena High School Saturday. The expo kicked off African-American Heritage Month followed by a music fest American Film Festival (below left). The 18th Services Squadron also sponsored an African-American Heritage 5K Run that kicked o

Kadena celebrates African-American Heritage Month

By Staff Sgt. Jason Lake
18th Wing Public Affairs

Kadena residents kicked off African-American Heritage Month during an African-American Culture Expo at Kadena High School Saturday.

The expo highlighted African-American history and achievements through various activities such as African-American



all the myths surrounding African-American culture.

"We want to show people what we are all about and where we come from," she said. "That way we all have a better appreciation for African-American culture, more insight and open communication between cultures."

Master Sgt. Tawnya Kitt, 18th Mission Support Group, said she thought the expo was great because





Courtesy photo

Visit Japan's former capital city

Kadena Information, Tickets and Travel offers a tour to Kyoto, Japan April 5-9. Cost is \$990.75 for adults (double occupancy) \$966.50 (triple occupancy) \$980.75 for a child accompanied by an adult, \$957 for children with two adults with an extra bed. Single travelers add \$48 to tour cost. Tour includes airfare, four nights at a hotel, an English speaking tour guide and more. For more information or to book the tour, call 634-4322.

Kadena Activities

Valentine's Day activities

Seaside Inn dinner : *Dine within the sounds and sight of the ocean and enjoy broiled lobster dinner for two. Cost is \$55 per couple. Doors open at 5 p.m.*

Rocker NCO Club candlelight dinner : *Enjoy a candlelight dinner, live entertainment and a rose for every lady. Dress is semi-formal. Doors open at 6:30 p.m. and dinner is served at 7 p.m.*

Officers' Club dinner : *Cocktail hour with hors d'oeuvres begins at 6 p.m. followed by a five-course meal in an elegant setting. Cost is \$50 per couple. All ranks and services are welcome.*

Valentine's Day Dinner Cruise: *Have a romantic evening on the Moby Dick from 3:45 to 10 p.m. Enjoy a beautiful dinner as you cruise southern Okinawa. Cost is \$152 per couple (including dinner). Bring yen for drinks.*

Kadena ITT

Saturday: *Battle of Okinawa, 9 a.m. to 5 p.m. Cost is \$28 for adults, \$19 for children ages 6-12 and \$11 for children ages 4 and 5 and \$5 for children under age 4.*

Sunday: *Bingata Factory tour, 9 a.m. to 5 p.m. Cost is \$15 for adults, \$10 for children ages 6-12*

• *Whale Watching tour, 8:30 a.m. to 6 p.m. Cost is \$84*

Wednesday: *Membership Night, 5 to 7 p.m. at the Rocker NCO Club. Enjoy a complimentary buffet where club members and their spouses eat free. No children please.*

Wednesday: *Comedy Showcase, begins at 8 p.m. at the Rocker NCO Club. Share some laughs with comedic performances by Al Toomer and Yoursie Thomas.*

Feb. 23: *Kid's Membership Night, 5 to 7 p.m. at the Officers' Club. The entire family can enjoy a free buffet that includes cake and ice cream. Children will receive a free goody bag to take home.*

Youth Center

Fridays: *Activity Day, 4:30 to 5:30 p.m. Kids can play games and get creative. Open to ages 6-8.*

Family Support Center

Saturday: *Give Parents a Break, 6 to 11 p.m.*

Tuesday: *Cooperative Parenting (Divorce), 8 to 11 a.m.; Sponsor Training, 3 to 4 p.m.*

Wednesday: *Cooperative Parenting (Divorce), 8 to 11 a.m.; Accompanied Newcomer's Tour, 8 a.m. to 2:20 p.m.*

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18th CES beats 18th EMS 47 to 40



Air Force/ Tech. Sgt. Richard Freeland



Air Force/ TSgt. Richard Freeland

LEFT: Bruce Holden, 18th Civil Engineer Squadron, scores on a breakaway late in the second half of an intramural basketball game between the 18th CES and 18th Equipment Maintenance Squadron (B-team) Wednesday. Holden's layup put the 18th CES team 13 points over the 18th EMS (B-team). Despite efforts to close the 13-point gap, the 18th EMS (B-team) lost to 18th CES 47-40.

ABOVE: Alax Jackson, 18th EMS, blocks a shot from 18th CES's Terrence Holt during the intramural basketball game at the Risner Fitness Center Wednesday.

Air Force boxer takes national

by Rita Boland
37th Training Wing Public Affairs

LACKLAND AIR FORCE BASE, Texas — The Air Force has its first national boxing champion since Jerome Bennett in 1977.

James Johnson, stationed at Dyess Air Force Base, Texas, took home the title in the 165-pound weight class at the 2004 Everlast U.S. Championships in Colorado Springs, Colo., recently.

Johnson won four fights on his way to the title. He defeated Dennis Hasson in his first bout after Hasson's coach stopped the fight in the third round. He went the full four rounds against his next oppo-



“(Andre Dirrel) is Johnson said.

The top two finishers then compete in the first-place finisher boxer once to make place man must def

“It's demanding, go through to repre Simms said.

Johnson had two onships that made younger brother, M: class in the same to