

**INSTRUCTIONS FOR SEMEN COLLECTION**  
**(POST-VASECTOMY)**

1. Your healthcare provider has requested you provide a specimen for post-vasectomy analysis. In order for this test to be performed with the highest degree of accuracy, the following instructions must be complied with:
  - A. Post-vasectomy specimens may be brought to the laboratory between 0730 and 0900 Monday – Friday.
  - B. Abstain from ejaculation for at least two (2) but not more than seven (7) consecutive days prior to collecting the specimen. Do not use lubricants, such as K-Y Jelly, petroleum jelly, Surgilube, or other substances that may contaminate sample.
  - C. Collect ***the entire*** semen sample in the wide-mouth, sterile plastic container provided. Be careful not to spill or lose any of the semen sample. Be sure that the container lid is screwed on tightly following collection.
  - D. The specimen must be brought to the laboratory within 1 hour of collection. Do not refrigerate.
  - E. Label the container with: Name, SSN, date, and time of collection.
  - F. If you have any questions, please contact the laboratory at 630-4408.
2. Please return this form with the semen sample to the laboratory staff.

**Name:** \_\_\_\_\_

**Time and date of collection:** \_\_\_\_\_

**Number of days abstained:** \_\_\_\_\_

**FOR LAB USE ONLY:**

*Place  
CHCS label  
here*

1. Method/Time of collection: \_\_\_\_\_
2. Time of specimen receipt: \_\_\_\_\_
3. Time of specimen analysis: \_\_\_\_\_
4. Circle Result: Sperm Seen / No Sperm Seen
5. Please annotate any abnormal semen characteristics such as gelatinous clumps, viscosity, contaminants, erythrocytes, or abnormalities in liquefaction.  
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\_\_\_\_\_  
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Technician initials: \_\_\_\_\_