

# KADENA AIR BASE OKINAWA, JAPAN



## RESTRICTION OF MOVEMENT GUIDE

A reference guide for entry into Japan, entering Restriction of Movement (ROM), required items for the duration of ROM, and exiting ROM.

# Kadena Air Base Okinawa, Japan Restriction of Movement Guide

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Brig Gen Joel Carey  
Commander, 18th Wing  
Kadena Air Base  
Installation Commander

## Welcome to Okinawa

On behalf of Team Kadena, it is our pleasure to welcome you to Okinawa, Japan. We are excited to have you as a member of the "Shogun Family." This will be a unique and rewarding assignment as our organization is a dynamic and critical piece to operations across the Indo-Pacific Theater. Team Kadena is a world-class combat team ready to "Fight Tonight", win tomorrow from the Keystone of the Pacific.



CMSgt Jessica Bender  
Command Chief,  
18th Wing

You are arriving at an uncertain time in the wake of COVID-19, but rest assured that you are in good hands. Our warriors are working around the clock to make your arrival and quarantine process as seamless as possible without sacrificing safety for you, and your family.

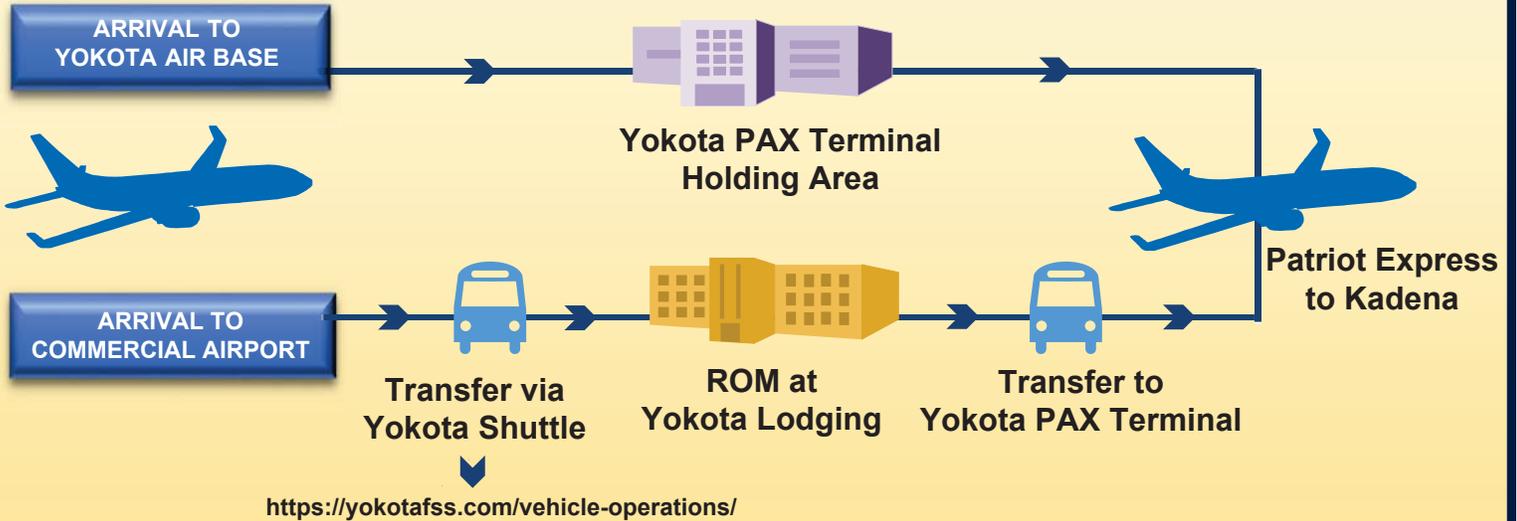
This handbook will answer many of the questions you may have regarding local COVID-19 procedures. For all other questions regarding in-processing, please visit the Kadena *COVID-19 Sponsorship SharePoint*. For all other questions and assistance, please take the time to contact your gaining unit and request a unit sponsor.

The 18th Wing is truly excited to have you as a member of our team and our family. We look forward to your arrival.



# ARRIVAL INTO JAPAN FLOW CHART

\*Please send a copy of your travel itinerary to your sponsor as soon as possible\*



## NEWLY ARRIVING TO KADENA



OR

## RETURNING TO KADENA • ON OR OFF BASE RESIDENCE



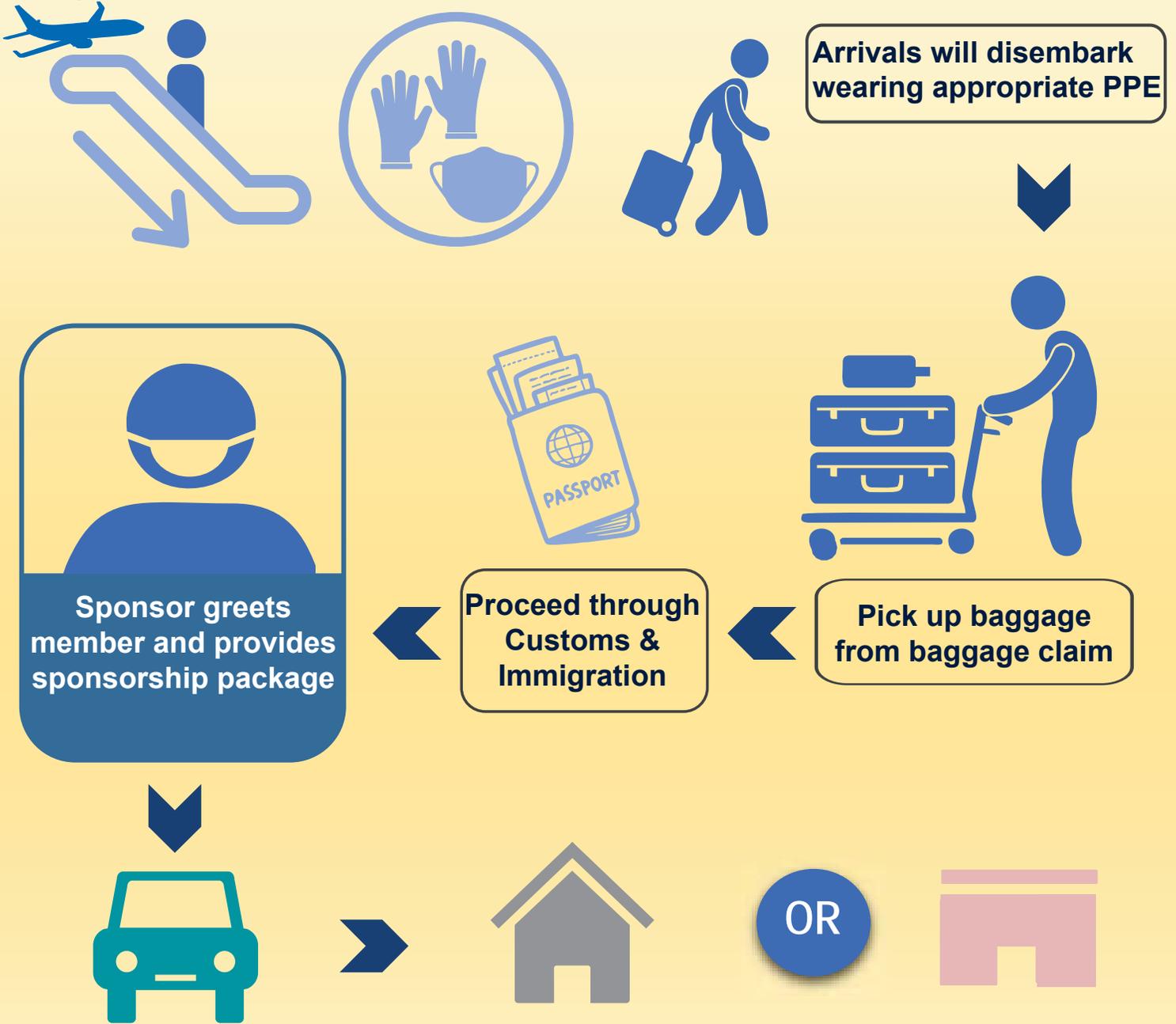
OR

## RETURNING TO KADENA • CONTINGENCY QUARTERS REQUESTED (Social Distancing at residence not possible)





# LANDING AT KADENA AIR BASE



Your unit representative will take you to your permanent place of residence or contingency quarters where you will ROM for 14-days.



## Important Phone Numbers:

Kadena Base Operator: 630-1110 • Command Post: 634-1800

# ENTERING ROM



In accordance with Kadena ROM policy, service members and their families are required to ROM for a minimum of 14 days in their residence or contingency quarters.



Personnel in ROM must maintain social distancing at all times. No face to face contact will be allowed with anyone outside of medical personnel.



Kadena AB personnel must acknowledge and adhere to the Kadena Air Base ROM Policy to include all travel into Okinawa Prefecture.



Wi-Fi is available in all contingency quarters upon request. It is highly recommended that SM and families download messaging platforms to facilitate contact with family members and military sponsors. Contact your sponsor regarding Wi-Fi connectivity.



Contingency quarters have been disinfected prior to occupancy in accordance with medical guidelines for preventing the spread of COVID-19.



Pets are authorized in contingency quarters, please ensure that your sponsor is aware of any pet requirements. Members are permitted to briefly exit their quarters for wellness breaks in the yard immediately surrounding their residence.

Sponsors or unit reps will coordinate care and feeding schedule with members in ROM.



## RECOMMENDED PACKING LIST • ITEMS NOT PROVIDED



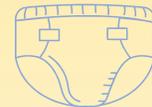
Hygiene Kit



Tablet w/Charger



Prescriptions



Diapers



Clothes/Laundry Detergent  
(Laundry Machines Available)



Cookware/Utensils



Specialized Dietary Items



Baby Requirements



Wipes



Formula